Date: _____

WHAT COME YOU HERE TO DO?

Chapter 8 — Goals

> *"What you get by achieving your goals is not as important as what you become by achieving your goals."*
>
> Zig Ziglar

Of course you should choose your mission, establish a vision, and write goals for the different areas of your life. Let's start with the fun part. Pick one thing that is important and has been put off but is achievable and realistic — something that makes you feel joy. Now...

1. Sit back, close your eyes, and pick a date that makes sense for the topic.
2. Vividly imagine the course of the whole day.
3. Write it down.

BONUS

Build the SMART goal that leads to that day.