WHAT COME YOU HERE TO DO?

Chapter 5 — Values

> *"Knowing is not enough; we must apply. Willing is not enough; we must do."*
> Johann Wolfgang von Goethe, *Wilhelm Meister's Journeyman Years*

Take each of the sixteen Reiss motivations and build your own definitions of the extremes, then rate yourself from **-10** to **10**. This gives you a starting point on each, in your own words.

Motivation	My low extreme (-10)	My high extreme (+10)	Me	Friend
Acceptance				
Beauty (Romance)				
Curiosity				
Eating				
Family				
Honor				
Idealism				
Independence				
Order				
Physical Activity				
Power				
Saving				
Social Contact				
Status				
Tranquility				
Active Resolution / Competition (Vengeance)				

Bonus: Get a good friend to rate you on each — and their take on the extremes you've identified. **Super Bonus:** Name a value you didn't know you had until you lived it.